



Kohnke's Own[®]

TRIM[™]

Boosts Metabolism for Weight Management

TRIM[™] provides specific nutrients to reduce weight and strip off abnormal fat deposits in horses and ponies. TRIM[™] provides a range of important nutrients to make up shortfalls of essential metabolic compounds for horses and ponies on weight-reducing, low GI diets.

TRIM[™] provides many specific nutrients, including

- Magnesium, which has a role in supporting normal metabolic function and glucose utilisation in body cells, especially with diets low in magnesium.
- Organic chromium, for natural regulation of glucose metabolism.
- Choline and manganese, which have a role in the metabolism of fats.
- Vitamin C to help production of metabolism co-factors and breakdown fats in the body.
- Many other vitamins and minerals that act in synergy to support normal sugar and fat metabolism, including B group vitamins and organic zinc, which are especially important when feeding restricted, weight-reducing diets.

If a horse or pony has a hard, 'cresty' neck and fat deposits on its tail-butt, it may be more prone to developing laminitis due to Equine Metabolic Syndrome (EMS) or Insulin Resistance (IR). Press on the neck and tail-butt at 2 day intervals to evaluate the risk of impending laminitis in these at-risk horses. If the areas are hard and firm, supplement with TRIM[™] at double doses for 7 - 10 days, or until the fat deposits become soft.

Combine TRIM[™] supplementation with a reduced soluble sugar (water soluble carbohydrate (WSC)) intake by soaking hay or feeding a low GI (low calorie) diet for effective weight management and reduced risk of laminitis.



TRIM[®] is available in pack sizes: 1.4kg and 4kg

Dose Rates

Providing at least 30 minutes of exercise at the walk and trot each day is also an important adjunct to weight reduction in horses and ponies.

Horses 550-650kg body weight: 25g (1¼ scoopsful) morning and evening (50g daily).

Horses 450-550kg body weight: 20g (1 scoopful) morning and evening (40g daily).

Horses/Ponies 350-450kg body weight: 15g (¾ scoopful) morning and night (30g daily).

Miniatures 120-150kg body weight: 10g (½ scoopful) morning and night (20g daily).

The daily supplement rate is based on the body weight of a horse or pony at the start of an energy (calorie) controlled or low GI diet, usually for 7-14 days initially. The daily rate can be reduced to half daily rates once an optimum body weight is reached to help maintain a normal trim condition. Soaking hay to reduce water soluble carbohydrates (WSC) and simple sugars is another effective weight-management practice. However, this leaches out many soluble trace-minerals, vitamins, and salts from the hay. A daily dietary supplement of trace-minerals and other vitamins, such as **Cell-Provide[™]** or **Cell-Vital[™]**, as well as a salt mix, is recommended to meet shortfalls in the diet, especially when soaked hay is the roughage base of the calorie controlled ration.

TRIM[™] normalises sugar and fat metabolism to help strip off 'cresty' necks and abnormal fat deposits safely and easily. It is especially useful as natural supplement to reduce fat areas in overweight horses. TRIM[™] is especially helpful to horses with a history of laminitis, or those developing intolerance to sugar due to Equine Metabolic Syndrome or Insulin Resistance.